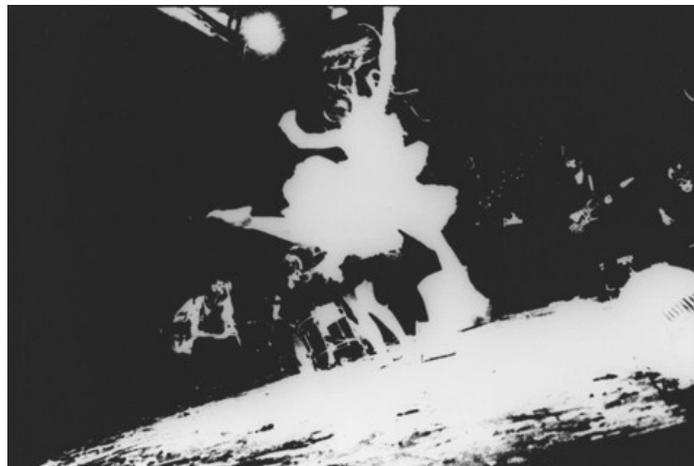




From the Series -Parcours humain-



From the Series -shake your body-

**Gallery Unique Contemporary Torino Italy**  
**[www.uniquecontemporary.it](http://www.uniquecontemporary.it)**

**Artist Martina Villiger Zürich Switzerland**  
**[www.martina-villiger.ch](http://www.martina-villiger.ch)**

### **Parcours humain**

In the presence of these figures, we recognize reflections of our own lives—echoes of interaction and connection. Everything flows, shifts, and evolves; nothing is as constant as change itself. This dance mirrors life's own 'Parcours humain', where each step is a testament to the impermanent beauty that threads through existence.

### **Shake your body**

In those ephemeral instances when dancers leap towards the heavens, the captured image whispers of a soul momentarily unchained from the earth's embrace, soaring. Capturing such a movement photographically gives us the opportunity to experience this momentum. It is about physical and mental movement. This creates development and change on a personal and collective level.

Both series, *Parcours humain* and *shake your body*, were realized at the premiere of *Alptraumtheater Zürich*. The title of this play is: *Lys is trata*.

It is about ancient Greece; when women pledged to withhold their affections from their husbands should they choose the path of conflict. Through this act of love and defiance, these women wove a powerful peace, averting the shadow of war with the light of their resolve.

The technique: analog black and white photography. The result is an analog litho positive and also a litho negative.

This means that all shades of gray disappear, leaving a rigorous black and white.

Playing with the positive and negative, the black and white and its inversion means that there is a reality and a counterpart to it.

### **From the Biographie**

Born on 25.01. 1963, studied photography from 1983-86 at the Ecole de Photographie créative in Lausanne, Switzerland. Then moved to Rome, Italy. From 1986-96 work as a freelance photographer for the following Italian newspapers and magazines:

Messaggero, Repubblica, Corriere della Sera, Unità, Manifesto, Paese Sera, Avanti, il Tempo, il Popolo, il Progetto, le Città, Avvenimenti, Sabato, Chorus and Esquire.

From 1989 to 2010: photography for the Roman theaters and filmmakers Flavia Mastrella and Antonio Rezza. In 1990 I received the Premio Sebastiano Oschmann Gradenigo in Rome. Prize for young photographers living in Rome. 1996 I move back to Zurich, Switzerland. From 1995 to 1997 I realize reportages for the WOZ, weekly newspaper for the German-speaking part of Switzerland.

From 1997-2024: Portrait photography in the studio, reportages and my own research. In 2004 I receive a scholarship from the Istituto svizzero di Venezia. Three-month residency where Swiss artists are given the opportunity to explore the lagoon city, followed by an exhibition. Since 2018, this place has belonged to pro Helvetia, Switzerland's official foundation for culture and art. In 2015, the Fotostiftung Schweiz included me in its index of relevant Swiss photographers. [www.fotostiftung.ch](http://www.fotostiftung.ch)

**Exhibitions:** Selection, from 1989 to 2024 I realize 53 exhibitions.

Italy, Rome: il Fotogramma, Palazzo Barberini, Accademia delle belle Arti e nuove Technologie, Accademia d'Europa. Italy Venice ; Istituto svizzero a Venezia. Italy, Bologna: Museo di Arte contemporanea. Switzerland, Zurich: Kunstszene, Art Dock, Shedhalle, Art international. Switzerland, Basel : Rhy Art Fair. Italy, Spoleto: Palazzo Collicola. Switzerland, Schaffhausen: FAT Art Fair. Italy, Milano: MIA Photo Fair.

<https://martina-villiger.kleio.com>